

Uni(Tea)

The Golden Rule

White Tea

We meditate upon the glorious splendor of the Vivifier divine. May He Himself illumine our minds.

Hinduism, Rig Veda 2.62.10

Homage to Him, the Exalted One, the Arahant, the All-enlightened One. To the Buddha I go for refuge. To the Norm I go for refuge. To the Order I go for refuge.

Buddhism, Khuddaka Patha

Our Lord! Lo! We have heard a crier calling unto faith, Believe in your Lord!" So we believed. Our Lord! Therefore forgive us our sins, and remit from us our evil deeds, and make us die the death of the righteous.

Islam, Qur'an 3.193

Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory for ever. Amen.

Christianity, Matthew 6. 9-13

Let the words of my mouth and the meditation of my heart be acceptable in thy sight, O Lord, my rock and my redeemer. Amen

Judaism, Psalm 19.14

Do I pray with obeisance, With upstretched hands for this support: First, O Lord, that I perform all deeds with right, or the beneficent Spirit, With wisdom of Good Thought, So I may serve the Soul of the Creation!

Zoroastrianism, Avesta, Yana 28.1

O my God, the God of bounty and mercy! Thou art that King by Whose commanding word the whole creation hath been called into being; and Thou art that All-Bountiful One the doings of Whose servants have never hindered Him from showing forth His grace, nor have they frustrated the revelations of His bounty.

Baha'i Faith, Baha'u'llah, Prayers and Meditations by Baha'u'llah, p. 251

Green Tea

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Never do to others what would pain thyself.

Hinduism, Mahabharata 5:1517

Do unto others as you would have them do unto you.

Christianity, Matthew 7:12

Blessed is he who preferreth his brother before himself.

Baha'i Faith, Baha'u'llah, Tablets of Baha'u'llah, p. 71

Hurt not others in ways that you yourself would find hurtful.

Buddhism, Udana-Varga, 5:18

No one of you is a believer until he desires for his brother that which he desires for himself.

Islam, Sunnab

That nature only is good when it shall not do unto another whatever is not good for its own self.

Zoroastrianism, Dadistan-i-Dinik, 94:5

What is hateful to you, do not to your fellow man. That is the entire law; the rest is commentary.

Judaism, Talmud, showboat Shabbat

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Oolong Tea

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"Teacher, which is the great commandment in the law?" Jesus said to him, "You shall love the Lord your God with all your heart, and will all your soul, and with all your mind. This is the great and first commandment. And a second is like it, You shall love your neighbor as yourself. On these two commandments depend all the law and the prophets."

Christianity, Matthew 22.36-40

Not one of you is a believer until he loves for his brother what he loves for himself.

Islam, Forty Hadith of an-Nawawi 13

Comparing oneself to others in such terms as "just as I am so are they, just as they are so am I," he should neither kill nor cause others to kill.

Buddhism, Sutta Nipata 705

It is Our wish and desire that every one of you may become a source of all goodness unto men, and an example of uprightness to mankind. Beware lest ye prefer yourselves above your neighbors.

Baha'i Faith, Baha'u'llah, Gleanings from the Writings of Baha'u'llah, p. 315

Let no man exalt himself above another; all are but bondslaves before the Lord, and all exemplify the truth that there is none other God but Him.

Baha'i Faith, Baha'u'llah, The Kitab-i-Aqdas, p. 45

A certain hearthen came to Shammai and said to him, "Make me a proselyte, on condition that you teach me the whole Torah while I stand on one foot." Thereupon he repulsed him with the rod which was in his hand. When he went to Hillel, he said to him, "What is hateful to you, do not do your neighbor: that is the whole Torah; all the rest of it is commentary go and learn."

Judaism, Talmud, shabbat 31a

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Black Tea

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The Ariyan disciple thus reflects, Here am I fond of my life, not wanting to die, fond of pleasure and averse from pain. Suppose someone should rob me of my life... it would not be a thing pleasing and delightful to me. If I, in my turn, should rob of his life one fond of his life, not wanting to die, one fond of pleasure and averse to pain, it would not be a thing pleasing or delightful to him. For a state that is not pleasant or delightful to me must also be to him also; and a state that is not pleasing or delightful to me, how could I inflict that upon another? As a result of such reflection he himself abstains from taking the life of creatures and he encourages others so to abstain, and speaks in praise of so abstaining.

Buddhism, Samyutta Nikayav 353

One should not behave towards others in a way which is disagreeable to oneself. This is the essence of morality. All other activities are due to selfish desire.

Hinduism, Anusasana Parva 113.8

...every one of the divine religions contains essential ordinances, which are not subject to change, and material ordinances, which are abrogated according to the exigencies of time. But the people of the world have forsaken the divine teachings and followed forms and imitations of the truth.

Baha'i Faith, Abdu'l-Baha, The Promulgation of Universal Peace, p. 106

Whatever you wish that men would do to you, do so to them.

Christianity, Matthew 7.12

O SON OF DUST!

Verily I say unto thee: Of all men the most negligent is he that disputeth idly and seeketh to advance himself over his brother. Say, O brethren! Let deeds, not words, be your adorning.

Baha'i Faith, Baha'u'llah, The Persian Hidden Words